

Te Reo Hāpai

The Language of Enrichment

A Maori language glossary for use in the
mental health, addiction and disability
sectors

Nā Keri Opai | Te Pou o te Whakaaro Nui

Professions and roles

Māori to English

As at Monday 11 May 2026 at 11:00 PM

www.tereohapai.nz



H

Māori

English

Haumanu Ngangahau

Occupational Therapy

K

Māori

English

Kaimātai Hauora Hinengaro

Psychologist

Kaituku Haumanu

Therapist

Kaituku Haumanu ā-ahurea

Cultural Therapist

Kaituku Haumanu Hinengaro

Psychotherapist

Kaituku Haumanu Ngangahau

Occupational Therapist

Kaituku Haumanu Ngutu Tūi

Speech Language Therapists

Kaiwhakamahereora Hinengaro

Mental Health Counsellor
Mental Health Practitioner

Kaiwhakamahereora Waranga

Addictions Counsellor
Addictions Practitioner

M

Māori

English

Mātanga Kai Taiora

Nutritionist

N

Māori

English

Ngā Tuarā Tautoko

Support Workers

R

Māori

English

Rata Hauora Hinengaro

See also Tākuta Hauora Hinengaro

Psychiatrist

Rōpū Tautoko

Support Group

T

Māori

English

Tākuta Hauora Hinengaro

Psychiatrist

See also Rata Hauora Hinengaro

Tauwhiro

Social Worker

Te Hunga Tuarā Tautoko

Support Workers Collective