

# Te Reo Hāpai

## The Language of Enrichment

A Maori language glossary for use in the  
mental health, addiction and disability  
sectors

*Nā Keri Opai* | Te Pou o te Whakaaro Nui

## Professions and roles

Māori to English

As at Tuesday 16 September 2025 at 6:17 PM

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## H

Māori	English
Haumanu Ngangahau	Occupational Therapy

## K

Māori	English
Kaimātai Hauora Hinengaro	Psychologist
Kaituku Haumanu	Therapist
Kaituku Haumanu ā-ahurea	Cultural Therapist
Kaituku Haumanu Hinengaro	Psychotherapist
Kaituku Haumanu Ngangahau	Occupational Therapist
Kaituku Haumanu Ngutu Tūi	Speech Language Therapists
Kaiwhakamahereora Hinengaro	Mental Health Counsellor Mental Health Practitioner
Kaiwhakamahereora Waranga	Addictions Counsellor Addictions Practitioner

## M

Māori	English
Mātanga Kai Taiora	Nutritionist

## N

Māori	English
Ngā Tuarā Tautoko	Support Workers

## R

Māori	English
Rata Hauora Hinengaro See also Tākuta Hauora Hinengaro	Psychiatrist
Rōpū Tautoko	Support Group

T

Māori	English
<b>Tākuta Hauora Hinengaro</b> See also Rata Hauora Hinengaro	Psychiatrist
<b>Tauwhiro</b>	Social Worker
<b>Te Hunga Tuarā Tautoko</b>	Support Workers Collective